



Spring Camp!
-2018-

Spring Break Camp!!

This Spring Break Camp is designed to give players of all skill levels an opportunity to improve their game and have FUN doing it! Campers will receive instruction from our Professional Coaching Staff composed of Gary Hatch, Brandon Hundt Kevin Bolt, Zapper McGrath, & Jeremy Hirschhorn. Each day will begin with an instruction period covering a different aspect of the game, i.e. hitting, fielding, throwing, base running, etc. This period will consist of drills, scrimmage games and competitions focused on improving fundamentals. After "Chalk-Talk" Lunch, each day will end with live game play outside on the field, where players will have the opportunity to develop their skills in real game situations. Every player will have a chance to put what they've learned to the test in the "All-Star" competition held at the end of the week, with prizes awarded in several categories.

Offensive Topics Covered

Swing breakdown using high speed video analysis
Situational Hitting Philosophies
Maximizing bat speed and barrel control
Swing Path to Barrel Angle at contact
Increased power & consistency through dynamic balance
Stacked (pyramid) position through entire swing
Mental Approach at the Plate

Defensive Topics Covered

Position specific drills and instruction
Importance of Footwork and Pre-Pitch Reads
Reading/Anticipating Hitters
Team Defense
Spatial Awareness on the field
Double-Plays, Pick-offs, Cut-offs & Relays
Communication

IP Spring Break Camp Ages 7 to 13